

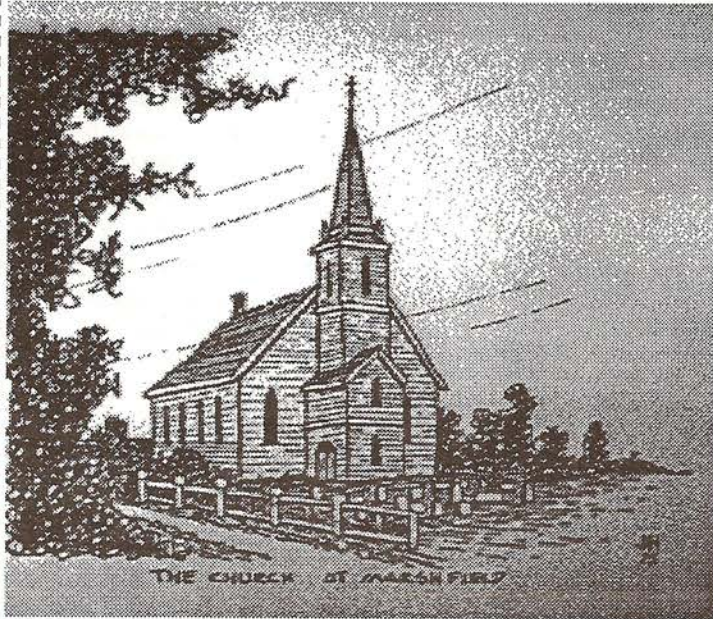
The Handshake

As One That Serves

Issue No.13

National Edition

December 89



An Old Fashioned Christmas*

We wish you a Christmas that will fill your heart
with cheer
Like a fire that fills an old old house with warmth
throughout the year
We wish you a Christmas with newly fallen snow
Of quiet nights , and family feasts, and prayers,
whispered low.
We wish for you a Christmas of life and peace
and joy
The way it was so long ago in years that have
gone by.
We wish for you a Christmas of starlit skies,
above
And most of all we wish a Christmas filled with
love.

J.D.Hastings

President Bob Reports

Being National President has its advantages. On Friday Oct 13 I travelled to Calgary, where I was met by Max Vanden Brink, AOTS Alberta Conference President. From there we motored to Banff to attend the 35th Annual Banff Mens Conference. While not AOTS sponsored, it is influenced by a number of AOTS members, Dr. Fred Holberton(our western vice president) as a prime example. There were about four hundred United Church men at Banff, each one partaking of the splendid fellowship and inspiration. A great Banff Conference. From Banff I travelled with John Carswell to the Vancouver area, where Dr. Bill Hastings, a past national president, provided an excellent mini tour. I had the privilege of speaking to the South Burnaby Club on Monday evening. Unfortunately, do to a death in the family I had to cut short the visit and return to



John Carswell Welcomes Bob

Windsor on Tuesday.

You may be pleased to know that at the first regular executive meeting(Sept. 16 the green light was given to the preparation and publication of a new AOTS Song Book. There are many older books around but National Office has not had a song book in inventory for sale to the clubs for quite some time.

Another executive action was the completion of arrangements for a council member from west and east consecutively to attend our regular meeting. This will provide for improved national input at our meetings. If any clubs or AOTS members have any suggestions to put to the executive, please write to me or the executive director Al Smith.

Bob Lewis
National President

*This old country Church is St. Colombo Presbyterian of Marshfield P.E.I. The poem and the drawing are by Jack Hastings whose Great Grand Parents and family worshiped there. Jack's ancestors led by his great great great Grandfather George Turner came to the Island settling in Pleasant Grove in 1831. George deeded the land to and built with his neighbour the Pleasant Grove United Church which still stands to-day.

Inside

Feature Article

-Big Men Don't Cry?-----	Page 2
Regional Reports & News	
Knox United-----	Page 2
B.C.-----	Page 3
Ontario-----	Page 4
Manitoba-----	Page 5
Nfoundland -Maritime-----	Page 6
Bibles N' Prayers-----	Page 6
Don Morton-Mr. Everything-----	Page 7
Devotional-----	Page 8
National Notes-----	Page 8
Al Smith-----	Page 9
Coming Events-----	Page 9

Advertisements Page 10

Big Men Don't Cry?

Men are traditionally taught that it is not masculine to show their feelings. That they are to carry a "macho" attitude all the time. They are in control. This tendency can lead to problems when they have a serious loss.

Share Feelings

In their on going study of men who have recently lost their wives, Drs Fred Tudivers and John Hilditch are discovering that when given an opportunity widowers are surprisingly willing, even eager, to share their feelings with others. "A middle aged or older man who is widowed often faces a period of confusion and trauma." says Dr. Tudiver. "A reluctance to seek help combined with the emotional upheaval of losing a spouse can create extremely difficult life situations for the widower."

The men in your church, even that neighbour or relative who is not of your church, needs the help of your friendly ear and sharing concern. They need teaching of practical life skills during a time of bereavement. Where is that

Support Needed

Death of a spouse has been rated as one of the most stressful events in life. Bereavement counselling appears to be so limited, especially for the elderly widower. Also few bereavement studies have investigated the impact of counselling on emotional social and physical problems of widowers. "We know that being bereaved is hard on ones health, physically and emotionally" says Dr. Hilditch. "In twelve months after bereavement we know that people are more likely to become ill and the mortality rates are higher. Studies show that widowers are visiting their family doctors more often than before the loss. In addition significantly more respondents said they were taking prescription medications since being bereaved.

Widowers who showed high stress levels appear to be slightly older than those with low stress levels. The high distress widowers were less likely to belong to any community organizations such as Churches synagogues and clubs.

The findings in Tudivers survey show that the elderly widowed people feel more isolated and lonely than their younger counterparts. Widowers also suffer more distress, post loss, mental illness, and physical health problems than widows.

Social Life

"Single is the word we hear most often among widowers" says Tudiver. "Being alone is the toughest thing for many who have been married for 25 to 30 years". Many of them are retired and their wife was the conductor of their life. They find themselves cut off and this heightens their loneliness. Psychologically they feel out of place being alone without a partner.

Statistics show that one half of all widowers remarry within the first 18 months. That's high and, not always appropriate, not all widowers are ready for another mate. Areas which are conducive to remarrying are:

Isolation

Cooking: Suddenly you are faced with the prospect of cooking for yourself and possibly for a family. How do you do it on a budget?

Household Management: How do you shop successfully? How do you time the laundry so you always have a clean shirt?

Social Life: Perhaps you like to have people over but your wife kept track of who was invited. How do you deal with the social circle now? The program also deals with more sensitive topics.

Letting Go: You, may still be surrounded by your wifes things, constant reminders of her. Which belongings do you save? What do you do with the rest?

Changes: Is your home too big for you now? Are you caring for pets and plants that you were never fond of?

Unfinished Business: Are there things left unsaid? Grieving interferes with relationships and your responses to others.

New Relationships: You are not ready to consider someone new. Some women have other ideas. How do you cope before you are ready? How do you proceed once you are?

For any widowed person a year is not long enough for a widowed person to climb out of a dark hole. We who are not affected must stand by our brothers and sisters, seeking nothing except to help them during this time of need. We must open our heart to the hurts of these people, praying for them and with them. Some time just sitting in silence with them, (a real great form of counselling), asking God to direct your thoughts and actions.

Starting to-day when you have read this say, "God use me now." God Bless you as you act as an ambassador for Christ. JAC

God gave us tears for all to see
To cleanse your soul and summon me
To share, to care, and comfort Thee.
So brother dear my shoulders free
What better team than God and You and Me? WGH-

Knox United Church

400 Emonton St, Winnipeg, Manitoba.
R3B 2M2

Phone 204-942-4579

Serving in the heart of Winnipeg since
1868

Minister

Reverend Donald I Wilson, BA., MDiv.
Worship Sevice Sunday 11 A.M.

God, make the door of this House we have raised to Thee wide enough to receive all who need human love fellowship and human care, and narrow enough to shut out envy pride and hate.

Make its threshold smooth enough to be inviting to children and straying feet, but rugged enough to turn back the tempters power.

God make the door of this house the gateway to Thy Eternal Kingdom
Chairmans note

I visted this church in July 1989 and found the people most friendly and left the House of God renewed invigorated and inspired. It was good that I went. Ghairman JAC

The editors welcome Knox United of Winnipeg as a donor advertiser. The statement of welcome shown above was taken from the front page of the Church Bulletin. The minister and the Church Board extend this invitation and welcome all who wish to worship with them.

British Columbia Page



The group on the left attended the 2nd Annual Regional Meeting Sept 15, 1989 at Tsawwassen* United Church. Provincial President. Ken Martin, was in the chair and he heard reports from the two B.C. Councils, Vancouver Island and The Lower Mainland. Reports were forthcoming from Don Morton on the National Convention, Bill Hastings on the Handshake, Roy Jones on Conventions 91 and 93 plus the upcoming Christmas Celebration on the lower Mainland, The RoundUp, and the Celebration of Faith for the year 1990. Several clubs also reported, the details of which are to seen below. A workshop was conducted by John Carswell the Title of which was Leadership.

* Tsawwassen.: Taken from the local Indian tribe. Difficult to spell hard to say. Like (T-Wass-Sen.). Please note the Editor can say it but not spell it. WGH

Here N' There

Duncan:

Off and running for one more year of service. This fall sees them hosting the ladies with club members doing all the chores. Next comes the Annual Auction..A three day event running from 6 to 10 p.m. Expected Revenue \$3000. Coming up: A Sunday Morning Pancake Breakfast and a tribute to Robbie Burns.

Butcher-Baker-Indian Chief

Esquimalt can't quite fit that old nursery rhyme but they can go Butcher--Grocer- Son of a Sea Cook. to make up of the crew that gets dinner ready for each monthly meeting and a fine job they are doing. The ladies served them for 28 years but finally said "You're on your own boys". The club works at recycling Newspapers and putting on Sunday School Christmas Parties. Yet another service performed to the tune of "Get me to the Church on Time" has one stalwart is linked to what his pals call "Harrys Harem".

Best to Get Twenty Men to Work
Than Do the Work of 20 men

Gordon

An active club in Victoria, B.C. Among other things, it runs as a service to the Church, Yard Sales, puts on an Easter Morning Pancake Breakfast and supports youth work.

Abbotsford.

Yet another B.C. town named after an executive of the C.P.R. Established in 1889 it was named after Henry Abbott the general superintendent. By the way did you know that we had a Prime Minister of Canada by the name of Sir John Abbot

The men of Gladwyn United have a breakfast Club. They were to host Bob Lewis our National President on October the 21st. but circumstances dictated otherwise These fellows pull no punches. They're just a bunch of Christians who gather for breakfast to eat and talk.

Oh yes Abbotsford subscribes to the title the Hub of the Fraser Valley.

Vancouver Island District Council
Met on Oct 20th at Ladysmith.. Meets on
the Third Friday of Oct-Jan-March-June

St. Giles.

Terry Tyler and his buddy Jack Harkness have kept this small club going for years. Their specialty is "Pancake Breakfasts". They have an Annual Fishing Derby, and run a fellowship breakfast on the first Tuesday of every month.. 21 men usually show up for this event in a local restaurant.

Canadiandn Memorial.

Lorne Witmore has kept this small group of men going for low these many years. Deep in fellowship they meet at one another's homes. They support the Church's " Men's Drop In Centre". Situated in an area with a mix of individual homes , Condos, and Apartments this center fills a need for the lonely middle class man. The minister of this church has gathered the younger men around to meet , worship , and breakfast at 7 A.M. on Fridays. The minister is the speaker at each session. Lorne reports that the younger men are happy with this type of mens group.

Of the Blessings Set Before you,
Make Your Choice and Be Content
Samuel Johnson

Pancakes Anyone?

How many pancakes do you suppose AOTS Clubs have served . 10,000,100,000. a million? Well B.C.'s newest club, Aldergrove, has got into the pancake business as the picture shown on the right tells us. This photograph was taken from the local newspaper "The AldergroveTimes and the caption tells us that the whole church was involved including the Cubs and Scouts which are sponsored by the club.. The proceeds were to go to Aldergroves Food Bank. This one photograph illustrates a fine example of Community service, an exercise in communication and a cooperative effort by the congregation



Ontario TriCounty News

The "Tri" refers to an enclave of Counties in the London Ont. area. Our National Finance Committee Chairman Lloyd Clark hales from there and reports the setting up of an AOTS booth in the United Church section of the Ecumenical Tent at the Essex County International Plowing Match.. He also has added the names of Max Calhoun and Fim Taylor as members of his committee

From other parts.

Central Vice President Reg Cooper accompanied by Hamilton Rep. Howard Wills made an official visit to First United in Cambridge on September 10th. Reg reported on the "For Men" publication in relation to the National Handshake. Also he presented a certificate of merit to First United for placing second in the D.R. Poole Memorial Youth Work competition.

A Surplus!!

Howard had the pleasant task of announcing a surplus of \$1167.55 for the 1989 Ontario RoundUp. This after taxes? Whoops! after return of \$500.00 in seed money from National.

From report by H.Wills

From London Ont.

"I'm pleased to have the opportunity to represent London Conference on National," says Keith Arner. Welcome aboard and thanks for being pleased. Ed.

Bay Of Quinte.

Two minutes for not reporting-Bay of Quinte. Whereas you did not let the "Handshake" herald your RoundUp and whereas we could not announce your planned "appreciation night " for Phil Spence your are therefore fined one complete report of said event complete with photographs.



FOR COUNTY FOOD BANK

Bloomfield A.O.T.S. Men's Club is holding a
"Door-to-Door" Campaign
for the County Food Bank on

SATURDAY, APRIL 1st, 1989
from 9.15 a.m. to Noon

Donations to Food Bank should be
NON-PERISHABLE FOOD ITEMS
such as

- CANNED GOODS (Vegetables and Fruit)
- DRY FOODS (ie. - Cereals)
- POWDERED MILK BISCUITS
- CANE MIXES ETC

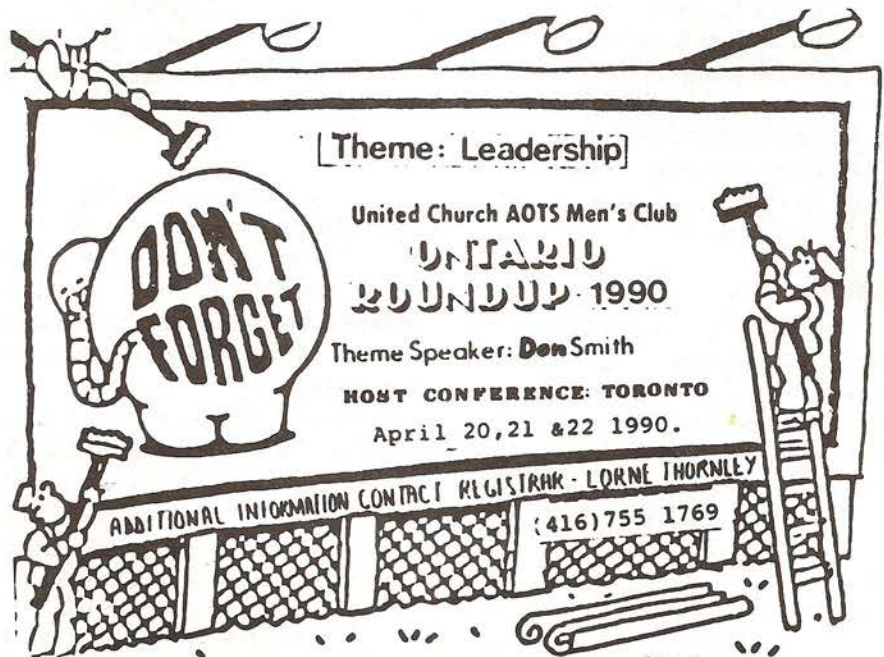
We trust this is a contribution
to donate to the Food Bank
We thank you for your
and bank, for your

Saturday Morning - April
Bloomfield A.O.T.S.

Supports County Food Bank

The Bloomfield, Ont, AOTS Club in a 3 1/2 hour drive supporting the areas Food Bank by collecting a substantial amount of donated food, thereby stocking the shelves for some time to come. Aided by the Boy Scouts and Wolf Cubs(Club sponsored) Flyers (as on left) were distributed throughout the community. These explained the purpose of the drive and established the date and time of the actual collection. On the day of the drive, the Cubs and Scouts assisted by the Sunday School canvassed the area, collected the food and delivered it to the Food Bank.. Congratulations Bloomfield, a well conceived plan of community service. Ed.

A.Stickle per JAC



Only on a Sunday

The wide eyed and bushy tailed gentlemen on the left represent 6 clubs of the Tri-County Council. The occasion was the regular 4th Sunday of the month meeting of the Kent AOTS Men's club who gather for breakfast in Thamesville United Church. The feature of this meeting was the passing of the "Travelling Cross and Gavel" by the Parks St Club President Richard MacDiarmid to Charles McRithchie of Bothwell. The Cross and Gavel which can be seen in the forefront of the picture is a tradition of this Council dating back to the 1950's. The four other clubs represents were South Chatam Tp, Erievew, Ridgetown U.C. and St.ndrew's AOTS. Six other Churches were represented by men of those congregations. The editor poses as question. Who prepared breakfast? As our reporter for tricounty, Lloyd Clark says this was certainly "AOTS Vision in Action".

Lloyd Clark and WGH

Manitoba



Bloom Where You Are Planted

Dr. David Lyttle MB FRSC, Director of the Orthopedic Rehabilitation Hospital, Winnipeg reports on medical treatment in Malawe in Central Africa. Dr David was given leave from the University of Manitoba to work as a volunteer orthopedic surgeon and teacher. David is a member of Knox United wherein he is an elder, and the associate clerk of session. The family is closely associated with the Sunday School and has one daughter as a member of the choir.

Where in the World is Malawi ?

Gaining it's independence in 1964 it lies in an area that used to be called British Central Africa. The earliest explorers were Scots Missionaries who left a heritage of Christianity and the English language which is widely spoken both in government and education and throughout it's 8 million people. A nation whose chief industry is agriculture with the main export being 10% of the world's tea.

Why Does Malawi Need our help?

A true third world country with minimal international trade and with the basics like clean water, food,, clothing , and shelter being barely available, there is nothing left for health care. Infectious diseases kill 40 % of the children by the age of 5. Advance medical technology and education, that we take for granted are only available when supplied by people like Dr. David.

The three major cities of Malawi ,Blantyre,Zomba and Lilongwe, support 600 bed hospitals. there are 24 district hospitals of 50 to 200 beds, supported by dispensaries

and primary health care centres in the rural areas. It is necessary in many locations to provide shelter for the patient's guardians who care and feed their sick relatives.

M.O.P

The Malawi Orthopedic Project has an objective of training ten orthopedic clinical officers each year.Funded by Rotary, Canadian International Development Fund, and the government of Malawi it places these trainees throughout the country.

Why Volunteer?

Veterans of tropical medicine , stimulated by the overwhelming need of simple surgical medicine recruit their colleagues through the joy and experience of supplying basic surgical treatment under the demand for ingenuity in the absence of expensive equipment.They also stress their delight in teaching the intelligent highly motivated and very receptive students.

These graduates are posted to a hospital and are supplied with a kit that contains all the basic equipment needed for their surgery. Their salaries are meager and they have great difficulty finding shelter for themselves and their families. More funding is needed to supply these basics and with no money available from within it will have to come from outside the country.

May God bless this project and these people for is this not As One That Serves.

Claire Bayley Reports
Edited by J A C & WGH

Vernon Stewart-A Server

Deceased August 1989: We announce with personal sadness,yet joy in all, the Belief That Christ Gives to All Who Call Him as Saviour and Lord, the passing of William Stewart of Winnipeg.

He was a devoted member of Knox United Church, serving on many boards, as Clerk of Session, as Mens' Group leader, as Superintendent of Sunday School a leader in Christian Education and Outreach to name but a few.

"His Lord said to him, "Well done Good and Faithful Servant; You were faithful over a few things, I will Make you ruler over many things, Enter into the Joy of the World

Matthew 25- 21.

Alberta

Banff

For those who have attended an Annual Banff Men's Conference no description is necessary. For those of you who have raised your voices on high at men's conferences across this vast land youwill know the feeling.To those of you who have never experienced such a unique religious experience it is one of God's most fulfilling events that you must try.

Banff in itself is unique with its majestic mountains reaching to the heavens with the Conference Centre nestled deep within the valley .To witness with 369 men raising their voices in harmony to sing His praise through those well known and well loved hymns.

This was the 35th Banff Conference and the occasion was commemorated by a history compiled by "Mr Banff" himself, Fred Holberton. Full of written and visual nostalgia this publication is full of memories dear to the heart of the Banff faithful. The Handshake has suggested that it would be a valuable adjunct to the United Church Archives across Canada.

Banff is to be commended for handling the loss of one of its theme speakers without, we are told, even a small whimper. B.C. is touted as the planners for '90 and a search is on for a group of men to handle this.

Those attending came away feeling that the message on the Conference banner "Christian Hope in a World like Ours" was indeed within them.

Newfoundland

Reports On

Conference RoundUp

It was a beautiful weekend of sunshine and seventy degree temperature at the Loon Bay Christian Training Centre where the first Nfld.&Labrador AOTS RoundUp took place Sept. 22 to 24th.

What a great joy it was to see 120 delegates and guests from different areas of the Province stand at the opening session to sing the theme song, "Everybody Ought to Know Who Jesus Is"

We settled into the Conference theme "Discipleship-Challenge for the Nineties" with inspiration and challenge by Dr. David Winsor in his three addresses: The Call To Discipleship, The Cost of Discipleship and What Sustains Discipleship.

Four special guests in the person of Rev. Bruce Gregersen, President of the Newfoundland and Labrador Conference, Rev Marion Pardy, Conference Staff Officer, David Winsor Leaside United Church, Toronto and LLOYD Richards President Elect of the National Association of AOTS clubs were in attendance.

Each address was followed by discussion, and reporters took time to give their version of the theme and to launch out into mini sermons of what discipleship meant to them. Needless to say both levity and sincerity caught the interest of all present. Saturday morning David gave an illustrated slide presentation of his several visits to Honduras as a member of the Honduras Medical Mission. The compassion and concern of those present resulted in an offering being taken at the communion service Sunday morning which amounted to \$538.00.

Saturday afternoon LLOYD Richards gave an informative address for the benefit of the non AOTSers on the structure and objectives of AOTS together with information about our National projects that have been going on for many years. He also gave a slide presentation "You Were Asking About AOTS". He concluded his address with a plea for all clubs to remain loyal to AOTS and invited others to become a part of the National Association.

Lloyd presented on behalf of National a certificate to Cyril Locke, a Past President of the National Association in appreciation for service rendered over many years. It also marked his retirement from

full time AOTS activity.

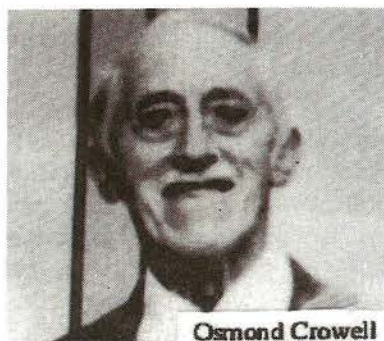
Maxwell Hayward, President of St. Matthew AOTS Club Lewisporte, was elected as Cyril's replacement and National Council member..

Roundup number one is now history and marks another significant milestone in AOTS history in Newfoundland and Labrador as we approach the next decade.

Cyril Locke Reporting.

Maritimes

Our brothers from the Atlantic Provinces are still feeling good about the National Convention they sponsored. Well done fellows. September saw the Stanhope Conference held on the 15th to 17th.. The National Convention Committee will wound up it's activities there. Our reporter and Maritime Rep Willard Proud represented men at the Maritime Conference for Men Sept. 29and 30.. November will see him at the PEI Presbytery Men's Council Annual meeting. As we go to press we have on hand from to-days mail a weath of information from Willard Proud from which we will be able to give bring up to date on Maritime happenings. Photographs too. Keep up the good work Howard.



Osmond Crowell

Bibles n'Prayers

When D.R. Poole and others took AOT in to the Maritimes in 1948 Men.s Clubs and activities were well established. We from the west talked of Clubs and groups of the age of 25 years as a measure of our stability. "Just a bunch of beginners" we were told. Why Ozzie

Crowell has a Bible Study Group that has been operating for over a hundred years."

The leaders of this group were, up to that point and beyond, Crowells. Ozmund Crowells father was the founder and it's my understanding that Ozzies son carried on as leader. That's

150 years of tradition based on God's blessings. Ozzie became a member of our National Council and capped his career in AOTS as Chairman of the 1963 National Convention.He wsa made a life member in recognition of his devoted service.



A Weekend Newfie

This report by Lloyd Richards our National President-Elect has to go under the heading of an "Addendum" to Cyril Lock's report on this page. How better to introduce our President elect with a report of his first ever official visit in this his new office. His report is an editors dream with details, an astute analysis and a feel for fellowship in this friendly environment. There follows some observations in excerpt from of a "Mainlander" who was made to feel at home. He was to see: The beauty of God's handiwork in the fall of the year as he flew from Toronto via Halifax to Gander Bay, Nfld. The revelation that the theme speaker David Winsor was Cyril Lockes son-in-law. The wonderful but all too short discussion groups and their reports. The indepth thoughts of " some of the things we need to leave behind, some of the things the Church needs to leave behind and some of the things we personally and as a Church need to retain."

Particular note was made of the singing, their accordions and guitars, their enthusiasm and devotion as they worshiped and had fellowship together. The observation that the successful venture was due in no small part to Cyril and his committee. When it came to feeding the inner man with true Newfoundland dishes prepared if you please by a half a dozen men lead by the new Conference rep. Maxwell Hayward. "To me it was a great Spiritual uplift as I talked and got to know these men.It was truly a blessing".

Don Morton
Christian Journalist Politician Friend

Citizen

Put it all together press it down lightly and you have Don Morton 84 years and holding. A child of the manse he was born in Staffordshire England. Migrating to Canada at age of 17 he settled and farmed in Manitoba for 30 years moving on to Duncan B.C. in 1936. After the war he and his wife Gwenny set up a dairy farm with Ayrshire and Jersey cattle which won many awards for production. His 25 years as an agricultural journalist with the Cowichan Leader carrying his byline was recognized in 1963 with the winning of a National Award for agricultural reporting.

In the world of politics he got his start on the North Cowichan Council where he served as councilor for 9 years. He ran for Reeve-Mayor and occupied these offices between 1960-69. While mayor he was involved in many projects including the building of the Municipal Hall, Fuller Lake arena, and the Cowichan District Hospital to mention but a few.

" Those were great days! ", he recalls, "Restraint wasn't on , the district was bursting ready to go and do things."

After ten years as Mayor, Don stepped down to serve as and alderman for another 6. In 1973 the district presented Don with a brass plaque mounted on a piece of cedar taken from the waterwheel of the original Chemainus sawmill which reads.

"Thank you Don Morton for your many years of dedication and hard work for the people of this area of which this insignia of the waterwheel is a perpetual reminder.

During eight of his years on council, Don served on the B.C. Assessment Authority which he chaired from 1976 to 1980. To this day he acts as a consultant.

JAC

Christian

Born with a christian heritage of



the Methodist persuasion Don never strayed from his destiny of Service in His name. We catch up with this important part of his life at Duncan United on Vancouver Island. He became one of the rocks of foundation of this Church and he would be the first to admit that the rock that represented him was an abrasive one. Known for asking the embarrassing question ,we who were on the receiving end were soon to learn that his was a search

for what was best for the cause. Along this path he became a certified Lay Minister. His energies were directed passed the Session and the Committees of his own Church to the Presbytery level where as expected he became President.. From there he went on to the executive of the B.C. Conference. Through all this he was loyal and active within his own Church and in particular with the Duncan AOTS club. A charter member, President, District Council Rep, you

name it he has served on it.. Rarely was there an Island function of AOTS that saw Don absent. His attendance ,visitations, installation of Officers would most assuredly earn him a place in the Guinness Book of Records. His venture into National AOTS began with his acceptance of the office of Provincial Vice President.. Once aboard he became well known throughout the National level with his career culminating in a Life Membership and Honorary National President. . A widower of several years he enjoys a family of one sonis supported by hid son John and his wife and a grandson Ashly of Bella Coola, B.C.

Research by Al Treble of Duncan

Citizen by JAC

Christian by W..G.H.

Health Services Report

Excerpts 25 Oct. 1989

Moneys received of late will be contributed in part to round out some of the Instrument needs we have with our dental programs. The majority of the funding however, will go to help support nurses

and other folks in our service who require assistance to tackle post graduate education programs and refresher programs.

We now have an airplane at our disposal, leased by the B.C. physicians in our program, which we are trying to use weather permitting, to make connections between our various pieces of work on the west coast..It makes it possible to make contact quickly.The leasing makes it cost effective. Peter

A Successful Club

Over the next ten issues your editorial staff will endeavour to bring to you tips and thoughts on having a successful AOTS Club.

We welcome improvement on any ideas contained herein and would be more than pleased to hear from you.

JAC Editorial Chairman

Part I Communication

The Heart of any Club is awareness of what is happening. If a man does not know, he will not react. He will not participate and at that instant is lost.. People like to be kept informed and aware of what is happening.

When the fall meetings start the President should mail out a news sheet to all members, interested men, and church officials wherein he outlines the plans for the up coming season. He should encourage everyone to participate ,to attend meetings and above all plan to become active in the church club.

On the back of this one page document record the minutes and happenings of your last meeting and plan to do this every month. Keep them posted as to upcoming events and projects urging once again to join in the club's activities. With the current events on the front page and the minutes on the back anyone who has missed a meeting or two will feel that he is right up to date. There will be those who say "But it will cost money". Think of it as one more investment in Christian life that you can make. May it be part of your contribution to God and remember God is no ones debtor.

JAC

National Notes

Travel.

As you can see in the President's report both the President and the President Elect have covered the Far West and the Far East.

National Minutes

Al Smith is making up a mailing list of those who wish the National Minutes. Any of you who wish to get copies just drop a note to Al. His address is on page 4 of this issue.

Finance Committee

Aside from working hard balancing the budget this committee is doing an excellent job of up dating terms of reference for committee chairman and executive officers. They are also working on an Accountability Report.. Both of the above can only help a new officer or committee chairman to do a better job. Once the above are finalized it might be a good idea to let the tool filter down to the Club Level. The Chairman of this committee is LLOYD Clark.

Vice Presidents East-West

Tom Ferguson and Fred Holberton occupy these positions. They are to attend alternative meetings of the National Executive on a rotational basis.

Resolutions #1 #2

(see Sept.Issue)

Two Official Responses one from Dr. Tysick, President of Montreal & Ottawa Conference and Dr. Mills Secretary of General Council. Dr. Mills in referring to Resolution #2 indicated that the Executive of General Council no longer has the authority to initiate a change to the Basis of Union, the action requested in this resolution. It may be best to initiate such action at Conference level. There was an unofficial response that came out of the Adult Unit of the Division of Mission. The UCW who have representatives on this Unit indicated first that they were not consulted as to adding their name to this resolution and second they are quite happy with the present relationship with General Council.. Incidentally Bob Lewis is a member of the Adult Unit and to date is the voice of all men of the United Church there being no staff person who is directly responsible for men.

Resolution # 1.

There is no mention of any action in regards to this resolution from any source.

Hospital Project

You are referred to page 4 of this issue for the current status of this project. Isn't it wonderful!! Murray McPherson is being contacted re project #6 as to whether a commitment of \$10,000 towards the purchase of \$35,000 in anaesthetic equipment for the R.W. Large Memorial Hospital can be undertaken, government funding being required for the remaining \$25,000.

History of AOTS

This is a history written by Jack Banks of Toronto published in 1974 entitled "As One That Serves", the First Half Century of United Church AOTS Clubs. There are 1100 on hand and the executive has lowered the price to \$1.00. Send for your copies today. Where? To Al Smith of course.

In Memorium*

Shirley Geauvreau of Windsor, Ont.
Presented by Mary Ann Carter.

"Rocky " Davis of Duncan ,B.C.-
Presented by Don Morton.

*Memorial for Loved Ones

Recently donations have been received as memorials and/or an expression of sympathy to families who have recently been bereaved.

These Memorials have been donations to the Second Mile Fund way of expressing sympathy and we are thankful for such loving kindness.

Ralph Tennant-Deceased

A Man Who Did Not Seek
Recognition

A charter member of Southminster AOTS of Lethbridge and a very active participant in Serving Jesus Christ. He served in South ALberta Presbytery and as a chairman of Presbytery AOTS Council He was Stewardship Convener there also. Ralph was a promoter of the Banff Men's Conference. Rev. Ken Morris who conducted the service was quoted as saying. "Ralph has achieved his goal and truly deserved the Master's praise." "Well Done My Good and Faithful Servant."

Past n' Present

The "Handshake" which has been on the masthead of our national " Newsletter" over the last year dates back some 50 years. Started as a B.C. Newsletter it came into national prominence under the direction of the first National President Charlie Atchenson. How is that for tradition? The next two Presidents Brydon McCrea and Dave Sherwood who's terms were four and three years respectively published a high quality "President's Newsletter".

AOTS entered a new phase as a committee of the Board of Men who created the next national men's publication the "Bridge Builder" the AOTS content of which was substantial. It's editor a professional journalist, photographer, staff member, AOTS member, and friend produced this magazine for 15 years.

The demise of the Board saw the end of a national men's publication in any form. In 1978 under the direction of our then newly appointed executive secretary Al Smith the Newsletter arose from the ashes. 1980 saw Maurice Wright as editor to be replaced by Ken Turner of Alberta in 1983.

A very short change took place in 1986 with the publication of the Challenge which was of excellent content and format. It appeared exactly twice under the editorship of Jack Arthur.

In 1988 along came the new kid on the block the "Handshake". Long on tradition for it had published almost continuously under that masthead, but short on experience nationally. It is under co-editors John Carswell Chairman, Ken Martin promotion and distribution, Bill Hastings, photographer, publisher. This trio just happened to be publishing the B.C. Handshake so when asked to go National they dropped the B.C. and in the parlance of the computer world "Wsy-Wyg" (What you see is What you get). We are proud to be a part of that 50 year plus cycle.

WGH

Help Wanted!

We need newspaper clippings, photographs of special events, award's night, officer instalations, special meeting nights, pancake breakfasts, that special speaker, the KP crew. Black and White Colour, Slides, prints or negatives. Even Newspaper Photos. Prefer Originals.

God Is Alive and Well

The Media of all places attests to this statement. A recent Issue of Life Magazine tells of God's presence during and after a major air disaster wherein the survivors found God to be at their side and furthermore they want to keep Him there. A well known newspaper correspondent rushes to the hospital to be with his dying father. Having kept God and religion in a dusty file he found Him on a hospital bulletin board placed there know doubt by an agent of Christ. He returned to read the message again and again and in so doing found his God in the following non biblical parable.

"Foot Prints"

One night a man had a dream. He dreamed he was walking along the beach with the Lord.

Across the sky flashed scenes from his life. For each scene he noticed two sets of foot prints in the sand: one belonged to him, and the other to the Lord.

When the last scene of his life flashed before him, he looked back at the foot prints in the sand. He noticed that many times along the path of his life there was only one set of foot prints.

He also noticed that at the very lowest times in his life. This really bothered him and he questioned the Lord about it.

"Lord, you said that once I decided to follow you, you'd walk with me all the way. But I have noticed that during the most troublesome times, there is only one set of footprints. I don't understand why when I need you most you would leave me.

The Lord replied , "My precious child, I love you and I would never leave you. During your times of trial and suffering, when you see only one set of footprints, it was then that I carried you."

Take heart brother Christian . We serve, we keep the faith, we share " His Wonders To Behold."

WGH

Donations

Many thanks to the following for their generous donations

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Al Smith Executive Director

A man who needs no introduction to AOTS circles. Al brings a wealth of AOTS experience to his new position as Executive Director. He previously served on the National Council as executive Secretary.

Serving in many elected capacities at National Conference, Presbytery and club level. Al was honoured for all this in 1975 with a life membership in AOTS. as shown in the above photograph..

All queries re. supplies, projects, club, officer and membership plus other AOTS business on the National level should be directed to him at;

61 Nordin Ave.
Etobicoke, Ont
MOZ 2B4

Phone 416-251-3236.

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Burnaby, B.C.
V58 4C9

Deadlines

Nov.30-Jan 30
May 30-July 30

Coming Events

1989

39th Annual Christmas Celebration
at Collingwood United
41st and Joyce at Kingsway
12 Noon
Rev. Ray Gostelow Speaker
Phone Terry Taylor
321 9727

1990

B.C. RoundUp in March
Aldergrove United
March 10-11

Alberta RoundUp in March
Wetaskewin Alberta
March 17-18

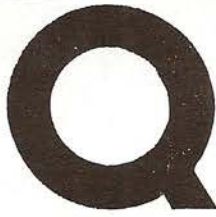
Ontario RoundUp
See Ad Ontario Page

Canadian Christian Festival III
August 16-19
Halifax Nova Scotia
Bishop Desmond Tutu
"A Time For Love"
Registration
PO Box 9428
Halifax N.S.
B3K-5S3

60,000 Dollars!!



Yes indeed that's a total, of \$60,000 that you have raise for the AOTS Hospital Project . In the photograph above Bob Lewis our National President hands a cheque for \$7000.00 to the Rev. David Martin to attain that grand total. ,David is Chairman of the Hospital Committee of B.C. Conference.



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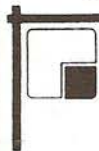
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The Editors

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"You are My flock of
My pasture: You are Men, and I am
Your God says the Lord God

Ezekiel 34:31